

What Are My Weeds Telling Me?

Many gardeners view weeds as plants in the wrong place.

Veteran gardeners also observe that weeds favor specific soil conditions and write that these plants in the wrong place are trying to repair localized soil conditions.

By identifying the weeds in our gardens and the conditions they grow in, we gain valuable insights into our garden soils and what we need to do to improve them.

Table 1 lists growing conditions and weeds that inhabit them. **Table 2** lists these indicator weeds and conditions you find them in.

For the full article by Ann M. Mason, Fairfax County Master Gardener, visit www.fairfaxgardening.org/indicator-weeds

Table 1. Compiled Table of Select Indicator Weeds for Growing Conditions

Growing Conditions	Indicator Weeds
Acidic Soil	bentgrass (<i>Agrostis spp.</i>), broadleaf plantain (<i>Plantago major</i>), silver cinquefoil (<i>Potentilla argentea</i>), hawkweed (<i>Hieracium spp.</i>), knapweed (<i>Centaurea spp.</i>), lady's thumb smartweed (<i>Polygonum maculosa</i>), prostrate knotweed (<i>Polygonum aviculare</i>), red (sheep) sorrel (<i>Rumex acetosella</i>), sowthistle (<i>Sonchus spp.</i>), broomsedge (<i>Andropogon virginicus</i>), moss (<i>Bryophytes</i>)
Low Soil Nitrogen	black medic (<i>Medicago lupulina</i>), broomsedge (<i>Andropogon virginicus</i>), clover (<i>Trifolium repens</i>), lespedeza (<i>Lespedeza striata</i>), red (sheep) sorrel (<i>Rumex acetosella</i>), vetch (<i>Vicia spp.</i>)
Compacted Soil	annual bluegrass (<i>Poa annua</i>), bindweed (<i>Convolvulus arvensis</i>), broadleaf plantain (<i>Plantago major</i>), Bermudagrass (<i>Cynodon dactylon</i>), common chickweed (<i>Stellaria media</i>), chicory (<i>Cichorium intybus</i>), corn speedwell (<i>Veronica arvensis</i>), dandelion (<i>Taraxacum officinale</i>), goosegrass (<i>Eleusine indica</i>), moss (<i>Bryophytes</i>), mouse-ear chickweed (<i>Cerastium virgatum</i>), path rush (<i>Juncus tenuis</i>), prostrate knotweed (<i>Polygonum aviculare</i>), prostrate spurge (<i>Euphorbia humistrata</i>), speedwells (<i>Veronica spp.</i>), wild garlic (<i>Allium vineale</i>)
Low Fertility Soil	common mullein (<i>Verbascum thapsus</i>), mugwort (<i>Artemisia vulgaris</i>), plantain (<i>Plantago spp.</i>), red (sheep) sorrel (<i>Rumex acetosella</i>), clover (<i>Trifolium repens</i>)
Moist or Poorly Drained Soil	annual bluegrass (<i>Poa annua</i>), common chickweed (<i>Stellaria media</i>), curly dock (<i>Rumex crispus</i>), horsetail (<i>Equisetum arvense</i>), crabgrass (<i>Digitaria spp.</i>), goosegrass (<i>Eleusine indica</i>), ground ivy (<i>Glechoma hederacea</i>), mouse-ear chickweed (<i>Cerastium vulgatum</i>), Pennsylvania smartweed (<i>Polygonum pennsylvanicum</i>), speedwells (<i>Veronica spp.</i>), violets (<i>Viola spp.</i>), Virginia buttonweed (<i>Diodia virginiana</i>), yellow nutsedge (<i>Cyperus esculentus</i>)
Nematode Infestation	prostrate spurge (<i>Euphorbia humistrata</i>), Florida pusley (<i>Richardia scabra</i>), prostrate knotweed (<i>Polygonum aviculare</i>)
Shade	annual bluegrass (<i>Poa annua</i>), common chickweed (<i>Stellaria media</i>), ground ivy (<i>Glechoma hederacea</i>), Kyllinga (<i>Kyllinga brevifolia</i>), mouse-ear chickweed (<i>Cerastium vulgatum</i>), nimblewill (<i>Muhlenbergia schreberi</i>), pennywort (<i>Hydrocotyle spp.</i>), speedwells (<i>Veronica spp.</i>), violets (<i>Viola spp.</i>)
Low Mowing	annual bluegrass (<i>Poa annua</i>), common chickweed (<i>Stellaria media</i>), crabgrass (<i>Digitaria spp.</i>), pearlwort (<i>Sagina procumbens</i>)
Drought-Prone Soils	black medic (<i>Medicago lupulina</i>), crabgrass (<i>Digitaria spp.</i>), goosegrass (<i>Eleusine indica</i>), plantain (<i>Plantago spp.</i>), silver cinquefoil (<i>Potentilla argentea</i>), prostrate knotweed (<i>Polygonum aviculare</i>), red (sheep) sorrel (<i>Rumex acetosella</i>), spotted spurge (<i>Euphorbia maculata</i>), clover (<i>Trifolium repens</i>), Virginia pepperweed (<i>Lepidium virginicum</i>), wood sorrel (<i>Oxalis sp.</i>)



Table 2. Compiled Table of Select Weeds and What They Indicate

Indicator Weeds	Growing Conditions
Annual bluegrass (<i>Poa annua</i>)	<ul style="list-style-type: none"> • compacted soil • moist or poorly drained soil • shade • low mowing
Bentgrass (<i>Agrostis spp.</i>)	<ul style="list-style-type: none"> • acidic soil
Bermudagrass (<i>Cynodon dactylon</i>)	<ul style="list-style-type: none"> • compacted soil
Bindweed (<i>Convolvulus arvensis</i>)	<ul style="list-style-type: none"> • compacted soil
Black medic (<i>Medicago lupulina</i>)	<ul style="list-style-type: none"> • low soil nitrogen • drought-prone soils
Broadleaf plantain (<i>Plantago major</i>)	<ul style="list-style-type: none"> • acidic soil • compacted soil
Broomsedge (<i>Andropogon virginicus</i>)	<ul style="list-style-type: none"> • acidic soil • low soil nitrogen
Chicory (<i>Cichorium intybus</i>)	<ul style="list-style-type: none"> • compacted soil
Clover (<i>Trifolium repens</i>)	<ul style="list-style-type: none"> • low soil nitrogen • low fertility soil • drought-prone soils
Common chickweed (<i>Stellaria media</i>)	<ul style="list-style-type: none"> • compacted soil • moist or poorly drained soil • shade • low mowing
Corn speedwell (<i>Veronica arvensis</i>)	<ul style="list-style-type: none"> • compacted soil
Crabgrass (<i>Digitaria spp.</i>)	<ul style="list-style-type: none"> • moist or poorly drained soil • low mowing • drought-prone soils
Curly dock (<i>Rumex crispus</i>)	<ul style="list-style-type: none"> • moist or poorly drained soil
Dandelion (<i>Taraxacum officinale</i>)	<ul style="list-style-type: none"> • compacted soil
Florida pusley (<i>Richardia scabra</i>)	<ul style="list-style-type: none"> • nematode infestation
Goosegrass (<i>Eleusine indica</i>)	<ul style="list-style-type: none"> • compacted soil • moist or poorly drained soil • drought-prone soils
Ground Ivy (<i>Glechoma hederacea</i>)	<ul style="list-style-type: none"> • moist or poorly drained soil • shade
Hawkweed (<i>Hieracium spp.</i>)	<ul style="list-style-type: none"> • acidic soil
Horsetail (<i>Equisetum arvense</i>)	<ul style="list-style-type: none"> • moist or poorly drained soil
Knapweed (<i>Centaurea spp.</i>)	<ul style="list-style-type: none"> • acidic soil
Kyllinga (<i>Kyllinga brevifolia</i>)	<ul style="list-style-type: none"> • shade
Lady's thumb smartweed (<i>Polygonum maculosa</i>)	<ul style="list-style-type: none"> • acidic soil
Lespedeza (<i>Lespedeza striata</i>)	<ul style="list-style-type: none"> • low soil nitrogen
Moss (<i>Bryophytes</i>)	<ul style="list-style-type: none"> • acidic soil • compacted soil
Mouse-ear chickweed (<i>Cerastium virgatum</i>)	<ul style="list-style-type: none"> • compacted soil • moist or poorly drained soil • shade
Mugwort (<i>Artemisia vulgaris</i>)	<ul style="list-style-type: none"> • low fertility soil
Common mullein (<i>Verbascum thapsus</i>)	<ul style="list-style-type: none"> • low fertility soil
Nimblewill (<i>Muhlenbergia schreberi</i>)	<ul style="list-style-type: none"> • shade
Path rush (<i>Juncus tenuis</i>)	<ul style="list-style-type: none"> • compacted soil
Pearlwort (<i>Sagina procumbens</i>)	<ul style="list-style-type: none"> • low mowing
Pennsylvania smartweed (<i>Polygonum pensylvanicum</i>)	<ul style="list-style-type: none"> • moist or poorly drained soil

Indicator Weeds	Growing Conditions
Pennywort (<i>Hydrocotyle spp.</i>)	<ul style="list-style-type: none"> • shade
Plantain (<i>Plantago spp.</i>)	<ul style="list-style-type: none"> • low fertility soil • drought-prone soils
Prostrate knotweed (<i>Polygonum aviculare</i>)	<ul style="list-style-type: none"> • acidic soil • compacted soil • nematode infestation • drought-prone soils • nematode infestation
Prostrate spurge (<i>Euphorbia humistrata</i>)	<ul style="list-style-type: none"> • nematode infestation
Red (sheep) sorrel (<i>Rumex acetosella</i>)	<ul style="list-style-type: none"> • acidic soil • low soil nitrogen • low fertility soil • drought-prone soils
Silver cinquefoil (<i>Potentilla argentea</i>)	<ul style="list-style-type: none"> • acidic soil • drought-prone soils
Sowthistle (<i>Sonchus spp.</i>)	<ul style="list-style-type: none"> • acidic soil
Speedwells (<i>Veronica spp.</i>)	<ul style="list-style-type: none"> • compacted soil • moist or poorly drained soil • shade
Spotted spurge (<i>Euphorbia maculata</i>)	<ul style="list-style-type: none"> • drought-prone soils
Vetch (<i>Vicia spp.</i>)	<ul style="list-style-type: none"> • low soil nitrogen
Violets (<i>Viola spp.</i>)	<ul style="list-style-type: none"> • moist or poorly drained soil • shade
Virginia buttonweed (<i>Diodia virginiana</i>)	<ul style="list-style-type: none"> • moist or poorly drained soil
Virginia pepperweed (<i>Lepidium virginicum</i>)	<ul style="list-style-type: none"> • drought-prone soils
Wild garlic (<i>Allium vineale</i>)	<ul style="list-style-type: none"> • compacted soil
Wood sorrel (<i>Oxalis sp.</i>)	<ul style="list-style-type: none"> • drought-prone soils
Yellow nutsedge (<i>Cyperus esculentus</i>)	<ul style="list-style-type: none"> • moist or poorly drained soil

References

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Many gardeners view “weeds” as plants in the wrong place. Veteran gardeners also observe that weeds favor specific soil conditions and write that plants in the wrong place are trying to repair localized soil conditions. By identifying the weeds in our gardens and the conditions they grow in, we gain valuable insights in to our garden soils and how we can improve them to Thus, the weeds in our yards can be used as diagnostic tools to help us understand the our soil and what we need to do to improve growing conditions for the plants we are trying to grow.

- **Cover the ground.** This includes plants covering bare, disturbed soils with weeds acting as colonizers, first out of the ground pioneers, or plants defending the soil by growing over poor groundcover plants. These defenders include plants with slow growing thick-walled plants, plants with very tough leaves and stalks and plants with thorns and spikes.
- **Raise the successional order to build soil and its quality.** These plants either act to build topsoil because of compaction, mineral depletion and poor soil structure or to regulate nitrogen. Plants in this group include ones with tap roots, deep roots, underground storage, fine roots or roots that fix nitrogen.
- **Regulate excess nutrients to rebalance the soil.** This group has two subgroups: plants that regulate nitrogen with their

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